



9am–12:30pm
at these store locations:

Friday, August 30

Bashas': Signal Butte & Apache Trail, APACHE JUNCTION
(FLU & LAB)

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST
(FLU & LAB)

Tuesday, September 3

Bashas': Dysart & Camelback, LITCHFIELD PARK
(FLU & LAB)

Bashas': Brown & Mesa Dr, MESA

Wednesday, September 4

Bashas': Ellsworth & Brown, MESA

Bashas': 99th Ave & Beardsley, PEORIA

Thursday, September 5

Bashas': Dobson & Chandler Blvd, CHANDLER

Bashas': Camp Lowell & Swan, TUCSON

Friday, September 6

Bashas': Bell Rd & Thompson Peak Pkwy, SCOTTSDALE

Saturday, September 7

Food City: Florence St. & 2nd St, CASA GRANDE (FLU & LAB)

Bashas': 32nd St & Shea Blvd, PHOENIX (FLU & LAB)

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA (FLU & LAB)

Monday, September 9

Bashas': La Cholla & River Rd, TUCSON (FLU & LAB)

Bashas': 7th St & Union Hills, PHOENIX (FLU & LAB)

Tuesday, September 10

AJ's: 56th St & Ray Rd, CHANDLER (FLU & LAB)

Bashas': McDonald & Granite Reef, SCOTTSDALE

Wednesday, September 12

Bashas': Power & McDowell, MESA

Bashas': Warner & McClintock, TEMPE

Thursday, September 13

Bashas': Higley & Elliot, GILBERT

Bashas': 75th Ave & Thunderbird, PEORIA

Bashas': Woodland Village, FLAGSTAFF (FLU & LAB)

FLU (Quadrivalent) \$40

Seasonal flu vaccine which protects against four flu strains (2A and 2B).

PNEUMONIA \$130

Helps protect long term, depending on risk, against 23 types of bacterial pneumonia, deadly blood infections, and meningitis.

Both vaccines are covered by:

- Medicare B
- BLUE CROSS BLUE SHIELD OF ARIZONA
Excluding Medicare supplement customers.
An Independent Licensee of the Blue Cross Blue Shield Association.

FREE Flu Shots (Quadrivalent) for State of AZ Employees!

Available for benefit eligible state employees. The Flu shots are also free for spouses, dependents (age 4+) and retirees with Benefit Options coverage. You must show proof of employment or a Benefit Options insurance card and must know your:
Employee Identification Number (EIN).

No appointment necessary.
Make sure shirt/dress sleeves can be rolled up to the shoulder.

You should not receive either vaccine if you:

- Have ever had a serious allergic reaction to eggs or to either vaccine
- Have a fever, acute respiratory or other active infection or illness
- Have a history of Guillain-Barre Syndrome (a severe, paralytic illness)

NOTE: Immunizations for persons age 4 and over. Pricing, vaccine availability, and health insurance coverage subject to change.



1615 W University Dr, Suite 137 > Tempe, AZ 85281

www.healthwaves.com | 480.968.1886

9am–12:30pm at these store locations:

Saturday, September 14

Bashas': 7th St & Missouri, PHOENIX (FLU & LAB)
AJ's: Scottsdale Rd & Lincoln Rd, SCOTTSDALE (FLU & LAB)
Food City: Hwy 92 & Fry Blvd, SIERRA VISTA (FLU & LAB)

Monday, September 16

Bashas': Palisades & Saguaro, FOUNTAIN HILLS (FLU & LAB)

Tuesday, September 17

Bashas': 32nd St & Shea, PHOENIX

Wednesday, September 18

AJ's: Central & Camelback, PHOENIX
Food City: Country Club & 22nd St, TUCSON

Thursday, September 19

Bashas': Brown & Higley Dr, MESA

Friday, September 20

Bashas': 99th Ave & Beardsley, PEORIA
AJ's: Thompson Peak & Frank Lloyd Wright, SCOTTSDALE

Saturday, September 21

Bashas': Power & Chandler Heights, QUEEN CREEK (FLU & LAB)
AJ's: Skyline & Campbell, TUCSON (FLU & LAB)

Tuesday, September 24

Bashas': Warner Rd & 48th St, PHOENIX

Wednesday, September 25

Bashas': Ellsworth & Brown, MESA

Thursday, September 26

Bashas': Chandler Heights & Gilbert Rd, CHANDLER
Bashas': 7th St & E Union Hills, PHOENIX
AJ's: Pima & Legacy, SCOTTSDALE

Friday, September 27

Bashas': 75th Ave & Thunderbird, PEORIA
Bashas': Hayden & Indian School Rd, SCOTTSDALE

Saturday, September 28

Bashas': Camp Lowell & Swan, TUCSON (FLU & LAB)
Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST (FLU & LAB)
Bashas': Maricopa & Smith Enke, MARICOPA (FLU & LAB)
Food City: Kiowa Ave & Lake Havasu, LAKE HAVASU CITY (FLU & LAB)

Monday, September 30

Bashas': 7th St & Missouri, PHOENIX
Bashas': Superstition Mountain & Hwy 60, GOLD CANYON
Bashas': Dysart & Camelback, LITCHFIELD PARK (FLU & LAB)

Tuesday, October 1

Bashas': Higley Rd & Elliot Rd, GILBERT

Wednesday, October 2

AJ's: Central & Camelback, PHOENIX

Thursday, October 3

AJ's: 44th & Camelback, PHOENIX

Friday, October 4

AJ's: 67th Ave & Beardsley, GLENDALE (FLU & LAB)
Bashas': Power & McDowell, MESA (FLU & LAB)

Saturday, October 5

Bashas': Power & Chandler Heights, QUEEN CREEK (FLU & LAB)

Monday, October 7

Bashas': 32nd St & Shea, PHOENIX
Bashas': La Cholla & River Rd, TUCSON

Tuesday, October 8

Bashas': Brown & Higley, MESA

Wednesday, October 9

AJ's: 56th St & Ray Rd, CHANDLER
Bashas': Warner Rd & McClintock, TEMPE

Friday, October 11

AJ's: Val Vista & Baseline, MESA
Bashas': 75th Ave & Thunderbird, PEORIA

Saturday, October 12

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA (FLU & LAB)

Monday, October 14

Food City: McDowell & 51st Ave, PHOENIX
Bashas': Bell Rd & Thompson Peak Pkwy, SCOTTSDALE

Tuesday, October 15

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Wednesday, October 16

Bashas': Baseline & Crismon, MESA
Bashas': 7th St & E Union Hills, PHOENIX

Thursday, October 17

Bashas': Higley & Elliot Rd, GILBERT

Friday, October 18

AJ's: Central & Camelback, PHOENIX

Saturday, October 19

Food City: Hwy 92 & Fry Blvd, SIERRA VISTA (FLU & LAB)

9am–12:30pm at these store locations:

Monday, October 21

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST
(FLU & LAB)

Bashas': 32nd St & Shea Blvd, PHOENIX (FLU & LAB)

Bashas': 99th Ave & Beardsley, PEORIA (FLU & LAB)

Tuesday, October 22

Bashas': Ellsworth & Brown, MESA

Thursday, October 24

Bashas': 7th St & Missouri, PHOENIX

Bashas': Alma School & Riggs Rd, SUN LAKES

Friday, October 25

Bashas': Verrado & Main, BUCKEYE

Saturday, October 26

Bashas': Cortaro & Thornydale, TUCSON (FLU & LAB)

Bashas': 142 Hwy 260, PAYSON (FLU & LAB)

Monday, October 28

Bashas': Hayden & Indian School, SCOTTSDALE

Food City: Baseline & Hardy, TEMPE

Tuesday, October 29

AJ's: 56th St & Ray Rd, CHANDLER

AJ's: Pima & Legacy, SCOTTSDALE

Wednesday, October 30

Bashas': 7th St & E Union Hills, PHOENIX

Bashas': La Cholla & River Rd, TUCSON

Thursday, October 31

Bashas': Power & McDowell, MESA

Friday, November 1

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Bashas': 99th Ave & Beardsley, PEORIA

Saturday, November 2

Bashas': Maricopa & Smith Enke Rd, MARICOPA (FLU & LAB)

Food City: Country Club & 22nd, TUCSON (FLU & LAB)

Monday, November 4

Bashas': Oracle & Golder Ranch Rd, TUCSON (FLU & LAB)

Food City: McDowell & 51st Ave, PHOENIX

AJ's: Scottsdale Rd & Lincoln, SCOTTSDALE

Bashas': Brown & Mesa Dr, MESA

Tuesday, November 5

Bashas': Warner & McClintock, TEMPE

Wednesday, November 6

Bashas': 32nd St & Shea, PHOENIX

Thursday, November 7

Bashas': 7th St & Missouri, PHOENIX

AJ's: Skyline & Campbell, TUCSON

Friday, November 8

Food City: Arizona Ave & Ray Rd, CHANDLER

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

(FLU & LAB)

Saturday, November 9

AJ's: Lone Mountain & Scottsdale Rd,
SCOTTSDALE (FLU & LAB)

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA (FLU & LAB)

Food City: I-19 & Irvington Rd, TUCSON

Monday, November 11

AJ's: Central & Camelback PHOENIX (FLU & LAB)

Bashas': Cortaro & Thornydale, TUCSON (FLU & LAB)

Tuesday, November 12

Bashas': 75th Ave & Thunderbird, PEORIA (FLU & LAB)

Wednesday, November 13

AJ's: 56th St & Ray Rd, CHANDLER (FLU & LAB)

Thursday, November 14

AJ's: 44th St & Camelback, PHOENIX (FLU & LAB)

Bashas': Camp Lowell & Swan, TUCSON (FLU & LAB)

Food City: Sierra Vista, SIERRA VISTA (FLU & LAB)

Friday, November 15

AJ's: Val Vista & Baseline, MESA (FLU & LAB)

Food City: Scottsdale Rd & McKellips, TEMPE (FLU & LAB)

Saturday, November 16

Bashas': 48th St & Warner, PHOENIX (FLU & LAB)

Bashas': 3269 Maricopa Ave, LAKE HAVASU CITY (FLU & LAB)

Monday, November 18

Bashas': 7th St & Union Hills, PHOENIX (FLU & LAB)

Tuesday, November 19

Food City: 59th Ave & Bethany Home, GLENDALE (FLU & LAB)

Wednesday, November 20

Bashas': 99th Ave & Beardsley, PEORIA (FLU & LAB)

Food City: 4th St & Main St, AVONDALE (FLU & LAB)

Friday, November 22

Bashas': Alma School & Riggs, SUN LAKES (FLU & LAB)

9am–12:30pm at these store locations:

Saturday, November 23

Bashas': Baseline & Crismon, MESA (FLU & LAB)

Bashas': 32nd St & Shea Blvd, PHOENIX (FLU & LAB)

Monday, November 25

Bashas': Power & Chandler Heights, QUEEN CREEK
(FLU & LAB)

Tuesday, November 26

Bashas': Brown & Higley, MESA (FLU & LAB)

Friday, November 29

AJ's: 56th St & Ray Rd, CHANDLER (FLU & LAB)

Bashas': 75th Ave & Thunderbird, PEORIA (FLU & LAB)

Saturday, November 30

Bashas': 7th St & Missouri, PHOENIX (FLU & LAB)

AJ's: Pima & Pinnacle Peak, SCOTTSDALE (FLU & LAB)

Monday, December 2

Food City: Dorsey Ln & Apache, TEMPE (FLU & LAB)

Bashas': McDonald & Granite Reef, SCOTTSDALE
(FLU & LAB)

Tuesday, December 3

Bashas': Signal Butte & Apache Trail,
APACHE JUNCTION (FLU & LAB)

AJ's: Skyline & Campbell, TUCSON (FLU & LAB)

Wednesday, December 4

Bashas': Oracle & Golder Ranch Rd, TUCSON (FLU & LAB)

Thursday, December 5

Bashas': Power & McDowell, MESA (FLU & LAB)

Bashas': 99th Ave & Beardsley, PEORIA (FLU & LAB)

Friday, December 6

AJ's: Central & Camelback Rd, PHOENIX (FLU & LAB)

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA (FLU & LAB)

Saturday, December 7

Bashas': Indian School & Hayden, SCOTTSDALE
(FLU & LAB)

Bashas': Waddell & Reems Rd, SURPRISE (FLU & LAB)

Monday, December 9

Bashas': Ellsworth & Brown, MESA (FLU & LAB)

Food City: Bethany Home Rd & 27th Ave, PHOENIX
(FLU & LAB)

Tuesday, December 10

Bashas': 7th St & Union Hills, PHOENIX (FLU & LAB)

Wednesday, December 11

Bashas': Power & Chandler Heights, QUEEN CREEK
(FLU & LAB)

Thursday, December 12

Bashas': Cortaro & Thornydale, TUCSON (FLU & LAB)

Friday, December 13

Bashas': Dysart & Camelback, LITCHFIELD PARK (FLU & LAB)

Bashas': Alma School & Riggs, SUN LAKES (FLU & LAB)

Saturday, December 14

Bashas': La Cholla & River Rd, TUCSON (FLU & LAB)

Food City: Kiowa Ave & Lake Havasu, LAKE HAVASU CITY
(FLU & LAB)

Monday, December 16

Bashas': 32nd St & Shea Blvd, PHOENIX (FLU & LAB)

Tuesday, December 17

AJ's: Pima & Pinnacle Peak, SCOTTSDALE (FLU & LAB)

Wednesday, December 18

Bashas': 75th Ave & Thunderbird, PEORIA (FLU & LAB)

Food City: Campbell & Irvington, TUCSON (FLU & LAB)

Friday, December 20

Food City: 8th Ave & Alma School, MESA (FLU & LAB)

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST
(FLU & LAB)

Saturday, December 21

Food City: Flowing Wells & Roger, TUCSON (FLU & LAB)

Bashas': Warner & McClintock, TEMPE (FLU & LAB)

Monday, December 23

Bashas': 7th St & Missouri, PHOENIX (FLU & LAB)

Friday, December 27

Food City: Main & Stapley, MESA (FLU & LAB)

Saturday, December 28

AJ's: Scottsdale Rd & Lincoln Rd, SCOTTSDALE (FLU & LAB)

Bashas': Sunrise & Kolb, TUCSON (FLU & LAB)

