



Lab Screenings

SMAC-31 Super Panel \$35

8 hours fasting, water and medications only. Includes: Total Cholesterol, HDL, LDL, triglycerides, glucose, kidney and liver function, nutrition, iron, bone, electrolytes and more.

Prostate Specific Antigen (PSA) \$48

Recommended for men 40 and older.

C-Reactive Protein-High Sensitivity \$35

8 hours fasting (preferred). Helps predict heart attack risk.

Complete Blood Count (CBC) \$20

Tests for anemia & assesses different cells found in the blood.

Hemoglobin A1C \$25

No fasting necessary. This test is used for diabetic patients to monitor glucose control over the last few months.

Homocysteine \$90

Rheumatoid Arthritis Panel \$95

TSH Thyroid \$38 | T3U, T4 & T7 Thyroid \$28

Both Thyroid Panels \$58

Normally \$66, you save \$8.

Apolipoprotein A-1 & B \$68

An advanced & sensitive indicator of cardiovascular risk.

Colorectal Cancer Screening \$30

Take-home kit for screening fecal-occult blood. Kit must be returned in provided envelope to Healthwaves.

Vitamin D \$48

Fasting preferred, primarily recommended to check for Vitamin D deficiency which is common in children and adults.

Basic Food Panel \$80

Tests 46 items (includes: milk, eggs, meats and grains).

Southwest Regional Inhalant Panel \$80

Tests 45 items (includes: grasses, dust, pollens and pet hair).

Comprehensive Food Panel \$150

Tests 90 items—all of basic panel plus many more food items.

Combo Prices:

Basic Food and Southwest Regional Inhalant Panels \$145

Comprehensive Food & SW Regional Inhalant Panels \$200

Allergy

2020

More Tests

Complete Lipid Panel \$25

Chol, HDL, VLDL, Trig, Chol/HDL Ratio

Cardio IQ \$ 85

8 hrs fasting (water & medications ok)
Lipoprotein Fractionation w/lipids. (Includes LDL Particle Number, Pattern, HDL Large, LDL Small, Medium, etc + complete lipid profile)

Testosterone Adult Males Total \$85

Hormone secreted by testicles in men, ovaries in women, and in small amounts by adrenal glands.

Testosterone Total & Free \$85

Recommended for men 40 and older.

Testosterone Total Women & Children \$85

This test is recommended for females, children less than 18 & hypogonadal males.

Free T3 \$48

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

Free T4 \$35

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

Ferritin \$40

Major iron storing protein in the body.

PT/INR \$35

Clotting time of blood.

Vitamin B12 Test \$75

Found in meat, fish & dairy. Helps with fatigue, memory, prevent anemias, lowers homocysteine.

Folate (Folic Acid) \$55

8 hrs fasting preferred (water only). B vitamin important for cell growth, metabolism, neurogenic & cardiac health.

9am–12:30pm at these store locations:

Monday, February 10

AJ's: Lone Mountain & Scottsdale Rd, SCOTTSDALE

Tuesday, February 11

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Wednesday, February 12

AJ's: Central & Camelback Rd, PHOENIX

Saturday, February 15

AJ's: Skyline & Campbell, TUCSON

Bashas': Superstition Mountain & Hwy 60, GOLD CANYON

Food City: 48th St & Southern, PHOENIX



1615 W University Dr, Suite 137 > Tempe, AZ 85281

www.healthwaves.com | 480.968.1886



9am–12:30pm
at these store locations:

Friday, February 21

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Saturday, February 22

Bashas': 99th Ave & Beardsley, PEORIA

Bashas': Higley & Elliot, GILBERT

Saturday, February 29

Bashas': Baseline & Crismon, MESA

Monday, March 2

AJ's: Val Vista & Baseline Rd, MESA

Tuesday, March 3

Bashas': Indian School & Hayden, SCOTTSDALE

Wednesday, March 4

Bashas': Brown & Higley, MESA

Friday, March 6

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Saturday, March 7

Bashas': 7th St & Missouri, PHOENIX

Monday, March 9

FOOD CITY: Southern & 48th St, PHOENIX

Tuesday, March 10

AJ's: Val Vista & Baseline Rd, MESA

Wednesday, March 11

Bashas': Dysart & Camelback, LITCHFIELD PARK

AJ's: Pima & Pinnacle Peak, SCOTTSDALE

Thursday, March 12

Bashas': Sunrise & Kolb Rd, TUCSON

Bashas': 48th St & Warner, PHOENIX

Friday, March 13

Food City: 59th Ave & Bethany Home, GLENDALE

Saturday, March 14

Food City: 1501 Arizona 89A, COTTONWOOD

Monday, March 16

Bashas': 7th St & Union Hills, PHOENIX

Tuesday, March 17

Bashas': 75th Ave & Thunderbird, PEORIA

Wednesday, March 18

AJ's: Pima & Legacy, SCOTTSDALE

Thursday, March 19

Bashas': Power & Chandler Heights, QUEEN CREEK

Friday, March 20

AJ's: Scottsdale Rd & Lincoln Rd, PARADISE VALLEY

Saturday, March 21

Bashas': Bell Rd & Thompson Peak Parkway, SCOTTSDALE

Wednesday, March 25

Bashas': Cortaro & Thornydale, TUCSON

Tuesday, March 31

Bashas': Baseline & Crismon, MESA

Wednesday, April 1

Bashas': 99th Ave & Beardsley, PEORIA

Thursday, April 2

Bashas': Power Rd & McDowell, MESA

Friday, April 3

Bashas': 7th St & Missouri, PHOENIX

Saturday, April 4

Bashas': Oracle & Golder Ranch Rd, TUCSON

Bashas': McDonald Dr & Granite Reef Rd, SCOTTSDALE

Monday, April 6

AJ's: 56th St & Ray Rd, CHANDLER

Tuesday, April 7

Bashas': Warner & McClintock, TEMPE

Friday, April 10

AJ's: Camelback & 44th St, PHOENIX

Saturday, April 11

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA



9am–12:30pm
at these store locations:

Tuesday, April 14

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Saturday, April 18

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Friday, April 24

Bashas': La Cholla & River Rd, TUCSON

Saturday, April 25

Bashas': 75th Ave & Thunderbird, PEORIA

Monday, April 27

Bashas': 5310 S Superstition Mountain Dr, Gold Canyon

Tuesday, April 28

Bashas': Camp Lowell & Swan, TUCSON

Wednesday, April 29

Bashas': Power & Chandler Heights, QUEEN CREEK

Thursday, April 30

Bashas': Brown & Higley, MESA

Friday, May 1

Food City: Arizona Ave & Ray Rd, CHANDLER

Bashas': 7th St & Missouri, PHOENIX

Saturday, May 2

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Bashas': Warner & McClintock, TEMPE

Monday, May 4

Bashas': Oracle & Golder Ranch Rd, TUCSON

Tuesday, May 5

Bashas': 99th Ave & Beardsley, PEORIA

Thursday, May 7

AJ's: Skyline & Campbell, TUCSON

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Friday, May 8

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Saturday, May 9

Food City: Hwy 92 & Fry Blvd, SIERRA VISTA

Monday, May 11

Bashas': 32nd St & Shea Blvd, PHOENIX

Thursday, May 14

Bashas': Alma School & Riggs, SUN LAKES

FOOD CITY: Southern & 48th St, PHOENIX

Friday, May 15

Bashas': Ellsworth & Brown, MESA

Saturday, May 16

Bashas': 2700 S Woodlands Village Blvd, FLAGSTAFF

Bashas': Verrado Way & Main St, BUCKEYE

Bashas': Baseline & Crismon, MESA

Monday, May 18

Bashas': Palisades and Saguaro, FOUNTAIN HILLS

Tuesday, May 19

Bashas': Camp Lowell & Swan, TUCSON

Wednesday, May 20

AJ's: Val Vista & Baseline Rd, MESA

Thursday, May 21

AJ's: Camelback & 44th St, PHOENIX

Saturday, May 23

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Bashas': Power Rd & McDowell, MESA

Tuesday, May 26

Bashas': 7th St & Union Hills, PHOENIX

Wednesday, May 27

AJ's: 67th Ave & Beardsley, GLENDALE

Thursday, May 28

Bashas': 75th Ave & Thunderbird, PEORIA

Friday, May 29

AJ's: Skyline & Campbell, TUCSON



9am–12:30pm
at these store locations:

Saturday, May 30

Bashas': 99th Ave & Beardsley, PEORIA

Monday, June 1

FOOD CITY: Southern & 48th St, PHOENIX

Tuesday, June 2

Bashas': Ellsworth & Brown, MESA

AJ's: Frank Lloyd Wright & Thompson Peak Parkway, SCOTTSDALE

Wednesday, June 3

Bashas': 7th St & Missouri, PHOENIX

Friday, June 5

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Saturday, June 6

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Monday, June 8

AJ's: Pima & Pinnacle Peak, SCOTTSDALE

Wednesday, June 10

Bashas': Warner & McClintock, TEMPE

Thursday, June 11

Bashas': Baseline & Crismon, MESA

Friday, June 12

AJ's: Skyline & Campbell, TUCSON

Saturday, June 13

Bashas': 142 Hwy 260, Payson

Monday, June 15

AJ's: 56th St & Ray Rd, CHANDLER

Tuesday, June 16

Bashas': Hayden & Indian School, SCOTTSDALE

Wednesday, June 17

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Saturday, June 20

Bashas': Brown & Higley, MESA

Monday, June 22

Food City: 59th Ave & Bethany Home, GLENDALE

Tuesday, June 23

Bashas': 75th Ave & Thunderbird, PEORIA

Wednesday, June 24

AJ's: Val Vista & Baseline Rd, MESA

Friday, June 26

Bashas': La Cholla & River Rd, TUCSON

Saturday, June 27

Bashas': 7th St & Missouri, PHOENIX

Monday, June 29

AJ's: Scottsdale Rd & Lincoln Rd, PARADISE VALLEY

Tuesday, June 30

Bashas': 7th St & Union Hills, PHOENIX

Friday, July 3

AJ's: 56th St & Ray Rd, CHANDLER

Monday, July 6

AJ's: Camelback & 44th St, PHOENIX

Tuesday, July 7

Bashas': Alma School & Riggs, SUN LAKES

Thursday, July 9

Bashas': Warner & McClintock, TEMPE

Friday, July 10

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Bashas': Indian School & Hayden, SCOTTSDALE

Saturday, July 11

Bashas': Power Rd & McDowell, MESA

Monday, July 13

FOOD CITY: Florence & 2nd St, CASA GRANDE

Tuesday, July 14

Bashas': Power & Chandler Heights, QUEEN CREEK



9am–12:30pm
at these store locations:

Thursday, July 16

Bashas': 99th Ave & Beardsley, PEORIA

Friday, July 17

Bashas': 32nd St & Shea Blvd, PHOENIX

Saturday, July 18

AJ's: 67th Ave & Beardsley, GLENDALE

Monday, July 20

Bashas': Brown & Mesa Dr, MESA

Tuesday, July 21

Bashas': 7th St & Missouri, PHOENIX

Wednesday, July 22

Bashas': Sunrise & Kolb Rd, TUCSON

Thursday, July 23

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Saturday, July 25

AJ's: Val Vista & Baseline Rd, MESA

Monday, July 27

Bashas': 7th St & Union Hills, PHOENIX

Tuesday, July 28

FOOD CITY: Arizona Ave & Ray Rd, CHANDLER

Wednesday, July 29

FOOD CITY: I-19 & Irvington, TUCSON

Thursday, July 30

Bashas': Ellsworth & Brown, MESA

Friday, July 31

Bashas': Alma School & Riggs, SUN LAKES

Saturday, August 1

Bashas': 2700 S Woodlands Village Blvd, FLAGSTAFF

Monday, August 3

AJ's: 56th St & Ray Rd, CHANDLER

Tuesday, August 4

Food City: 59th Ave & Bethany Home, GLENDALE

Thursday, August 6

Bashas': La Cholla & River Rd, TUCSON

Friday, August 7

Bashas': 7th St & Missouri, PHOENIX

AJ's: Lone Mountain & Scottsdale Rd, SCOTTSDALE

Saturday, August 8

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Monday, August 10

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

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