



Lab Screenings

SMAC-31 Super Panel \$35

8 hours fasting, water and medications only. Includes: Total Cholesterol, HDL, LDL, triglycerides, glucose, kidney and liver function, nutrition, iron, bone, electrolytes and more.

Prostate Specific Antigen (PSA) \$48

Recommended for men 40 and older.

C-Reactive Protein-High Sensitivity \$35

8 hours fasting (preferred). Helps predict heart attack risk.

Complete Blood Count (CBC) \$20

Tests for anemia & assesses different cells found in the blood.

Hemoglobin A1C \$25

No fasting necessary. This test is used for diabetic patients to monitor glucose control over the last few months.

Homocysteine \$90

Rheumatoid Arthritis Panel \$95

TSH Thyroid \$38 | T3U, T4 & T7 Thyroid \$28

Both Thyroid Panels \$58

Normally \$66, you save \$8.

Apolipoprotein A-1 & B \$68

An advanced & sensitive indicator of cardiovascular risk.

Colorectal Cancer Screening \$30

Take-home kit for screening fecal-occult blood. Kit must be returned in provided envelope to Healthwaves.

Vitamin D \$48

Fasting preferred, primarily recommended to check for Vitamin D deficiency which is common in children and adults.

Allergy

Basic Food Panel \$80

Tests 46 items (includes: milk, eggs, meats and grains).

Southwest Regional Inhalant Panel \$80

Tests 45 items (includes: grasses, dust, pollens and pet hair).

Comprehensive Food Panel \$150

Tests 90 items—all of basic panel plus many more food items.

Combo Prices:

Basic Food and Southwest Regional Inhalant Panels \$145

Comprehensive Food & SW Regional Inhalant Panels \$200

Healthwaves

1615 W University Dr, Suite 137 > Tempe, AZ 85281

www.healthwaves.com | 480.968.1886

2020

More Tests

Complete Lipid Panel \$25

Chol, HDL, VLDL, Trig, Chol/HDL Ratio

Cardio IQ \$ 85

8 hrs fasting (water & medications ok)
Lipoprotein Fractionation w/lipids. (Includes LDL Particle Number, Pattern, HDL Large, LDL Small, Medium, etc + complete lipid profile)

Testosterone Adult Males Total \$85

Hormone secreted by testicles in men, ovaries in women, and in small amounts by adrenal glands.

Testosterone Total & Free \$85

Recommended for men 40 and older.

Testosterone Total Women & Children \$85

This test is recommended for females, children less than 18 & hypogonadal males.

Free T3 \$48

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

Free T4 \$35

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

Ferritin \$40

Major iron storing protein in the body.

PT/INR \$35

Clotting time of blood.

Vitamin B12 Test \$75

Found in meat, fish & dairy. Helps with fatigue, memory, prevent anemias, lowers homocysteine.

Folate (Folic Acid) \$55

8 hrs fasting preferred (water only). B vitamin important for cell growth, metabolism, neurogenic & cardiac health.



COVID-19 Antibody Blood Test \$95

An **IgG antibody test** (analyzed by Sonora Quest Lab) which provides insight into an individual's immune response to potential exposure to COVID-19.

Note: This is a test for healthy individuals and is not intended for diagnosis of active infection.

(Pursuant to recent health guidelines, please STAY at home and contact your physician if you have an elevated temperature greater than 100.3 degrees or have any other flu like symptoms)

9am–12:30pm
at these store locations:

2020

Friday, May 1

Food City: Arizona Ave & Ray Rd, CHANDLER

Bashas': 7th St & Missouri, PHOENIX

Saturday, May 2

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Bashas': Warner & McClintock, TEMPE

Thursday, May 7

AJ's: Skyline & Campbell, TUCSON

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Friday, May 8

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Saturday, May 9

Food City: Hwy 92 & Fry Blvd, SIERRA VISTA

Saturday, May 16

Bashas': 2700 S. Woodlands Village Blvd, FLAGSTAFF

Bashas': Verrado Way & Main St, BUCKEYE

Bashas': Baseline & Crismon, MESA

Tuesday, May 19

Bashas': Camp Lowell & Swan, TUCSON

Wednesday, May 20

AJ's: Val Vista & Baseline Rd, MESA

Saturday, May 23

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Bashas': Power Rd & McDowell, MESA

Wednesday, May 27

AJ's: 67th Ave & Beardsley, GLENDALE

Friday, May 29

AJ's: Skyline & Campbell, TUCSON

Tuesday, May 30

Bashas': 99th Ave & Beardsley, PEORIA

Tuesday, June 2

Bashas': Ellsworth & Brown, MESA

AJ's: Frank Lloyd Wright & Thompson Peak Parkway,
SCOTTSDALE

Saturday, June 6

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Wednesday, June 10

Bashas': Warner & McClintock, TEMPE

Thursday, June 11

Bashas': Signal Butte & Apache Trail, APACHE JUNCTION

Saturday, June 13

Bashas': 142 Hwy 260, Payson

Wednesday, June 17

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Saturday, June 20

Bashas': Brown & Higley, MESA

Tuesday, June 23

Bashas': 75th Ave & Thunderbird, PEORIA

Wednesday, June 24

AJ's: Val Vista & Baseline Rd, MESA

Friday, June 26

Bashas': La Cholla & River Rd, TUCSON

Saturday, June 27

Bashas': 7th St & Missouri, PHOENIX

Monday, June 29

AJ's: Scottsdale Rd & Lincoln Rd, PARADISE VALLEY

Tuesday, June 30

Bashas': 7th St & Union Hills, PHOENIX

Friday, July 3

AJ's: 56th St & Ray Rd, CHANDLER



9am–12:30pm
at these store locations:

Tuesday, July 7

Bashas': Alma School & Riggs, SUN LAKES

Thursday, July 9

Bashas': Warner & McClintock, TEMPE

Friday, July 10

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Bashas': Indian School & Hayden, SCOTTSDALE

Saturday, July 11

Bashas': Power Rd & McDowell, MESA

Thursday, July 16

Bashas': 99th Ave & Beardsley, PEORIA

Saturday, July 18

AJ's: 67th Ave & Beardsley, GLENDALE

Thursday, July 23

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Saturday, July 25

Bashas': Signal Butte & Apache Trail, APACHE JUNCTION

Thursday, July 30

Bashas': Ellsworth & Brown, MESA

Friday, August 7

Bashas': 7th St & Missouri, PHOENIX

AJ's: Lone Mountain & Scottsdale Rd, SCOTTSDALE

Saturday, August 8

Bashas': Coffee Pot Dr & Yavapai Dr, SEDONA

Monday, August 10

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

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