



## Lab Screenings

### SMAC-31 Super Panel \$35

8 hours fasting, water and medications only. Includes: Total Cholesterol, HDL, LDL, triglycerides, glucose, kidney and liver function, nutrition, iron, bone, electrolytes and more.

### Prostate Specific Antigen (PSA) \$48

Recommended for men 40 and older.

### C-Reactive Protein-High Sensitivity \$35

8 hours fasting (preferred). Helps predict heart attack risk.

### Complete Blood Count (CBC) \$20

Tests for anemia & assesses different cells found in the blood.

### Hemoglobin A1C \$25

No fasting necessary. This test is used for diabetic patients to monitor glucose control over the last few months.

### Homocysteine \$90

### Rheumatoid Arthritis Panel \$95

### TSH Thyroid \$38 | T3U, T4 & T7 Thyroid \$28

### Both Thyroid Panels \$58

Normally \$66, you save \$8.

### Apolipoprotein A-1 & B \$68

An advanced & sensitive indicator of cardiovascular risk.

### Colorectal Cancer Screening \$30

Take-home kit for screening fecal-occult blood. Kit must be returned in provided envelope to Healthwaves.

### Vitamin D \$48

Fasting preferred, primarily recommended to check for Vitamin D deficiency which is common in children and adults.

## Allergy

### Basic Food Panel \$80

Tests 46 items (includes: milk, eggs, meats and grains).

### Southwest Regional Inhalant Panel \$80

Tests 45 items (includes: grasses, dust, pollens and pet hair).

### Comprehensive Food Panel \$150

Tests 90 items—all of basic panel plus many more food items.

Combo Prices:

### Basic Food and Southwest Regional Inhalant Panels \$145

### Comprehensive Food & SW Regional Inhalant Panels \$200



## COVID-19

### **Antibody Blood Test \$95**

An IgG antibody test (analyzed by Sonora Quest Lab) which provides insight into an individual's immune response to potential exposure to COVID-19.

**Note:** This is a test for healthy individuals and is not intended for diagnosis of active infection.

(Pursuant to recent health guidelines, please STAY at home and contact your physician if you have an elevated temperature greater than 100.3 degrees or have any other flu like symptoms)

## More Tests

### Complete Lipid Panel \$25

Chol, HDL, VLDL, Trig, Chol/HDL Ratio

### Cardio IQ \$ 85

8 hrs fasting (water & medications ok)  
Lipoprotein Fractionation w/lipids. (Includes LDL Particle Number, Pattern, HDL Large, LDL Small, Medium, etc + complete lipid profile)

### Testosterone Adult Males Total \$85

Hormone secreted by testicles in men, ovaries in women, and in small amounts by adrenal glands.

### Testosterone Total & Free \$85

Recommended for men 40 and older.

### Testosterone Total Women & Children \$85

This test is recommended for females, children less than 18 & hypogonadal males.

### Free T3 \$48

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

### Free T4 \$35

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

### Ferritin \$40

Major iron storing protein in the body.

### PT/INR \$35

Clotting time of blood.

### Vitamin B12 Test \$75

Found in meat, fish & dairy. Helps with fatigue, memory, prevent anemias, lowers homocysteine.

### Folate (Folic Acid) \$55

8 hrs fasting preferred (water only). B vitamin important for cell growth, metabolism, neurogenic & cardiac health.



1615 W University Dr, Suite 137 > Tempe, AZ 85281

www.healthwaves.com

480.968.1886



## 9am–12:30pm at these store locations:

### Friday, June 5

**Bashas'**: Chandler Heights & Gilbert Rd, CHANDLER

### Saturday, June 6

**Bashas'**: Coffee Pot Dr & Yavapai Dr, SEDONA

### Monday, June 8

**AJ's**: Pima & Pinnacle Peak, SCOTTSDALE

### Wednesday, June 10

**Bashas'**: Warner & McClintock, TEMPE

### Thursday, June 11

**Bashas'**: Baseline & Crismon, MESA

### Friday, June 12

**AJ's**: Skyline & Campbell, TUCSON

### Saturday, June 13

**Bashas'**: 142 Hwy 260, PAYSON

### Monday, June 15

**AJ's**: 56th St & Ray Rd, CHANDLER

### Tuesday, June 16

**Bashas'**: Hayden & Indian School, SCOTTSDALE

### Wednesday, June 17

**Bashas'**: RH Johnson & Meeker Blvd, SUN CITY WEST

### Saturday, June 20

**Bashas'**: Brown & Higley, MESA

### Monday, June 22

**Food City**: 59th Ave & Bethany Home, GLENDALE

### Tuesday, June 23

**Bashas'**: 75th Ave & Thunderbird, PEORIA

### Wednesday, June 24

**AJ's**: Val Vista & Baseline Rd, MESA

**NEW\*\*Bashas'**: Dysart & Camelback, LITCHFIELD PARK

### Thursday, June 25

**NEW\*\*Bashas'**: Superstition Mountain & Hwy 60,  
Gold Canyon

### Friday, June 26

**Bashas'**: La Cholla & River Rd, TUCSON

### Saturday, June 27

**Bashas'**: 7th St & Missouri, PHOENIX

### Monday, June 29

**AJ's**: Scottsdale Rd & Lincoln Rd, PARADISE VALLEY

**NEW\*\*Bashas'**: Higley & Elliot Rd, GILBERT

### Tuesday, June 30

**Bashas'**: 7th St & Union Hills, PHOENIX

**NEW\*\*Bashas'**: Oracle & Golder Ranch, TUCSON

### Wednesday, July 1

**NEW\*\*Bashas'**: Verrado Way & Main St, BUCKEYE

### Thursday, July 2

**NEW\*\*Bashas'**: Palisades and Saguaro, FOUNTAIN HILLS

### Friday, July 3

**AJ's**: 56th St & Ray Rd, CHANDLER

### Monday, July 6

**AJ's**: Camelback & 44th St, PHOENIX

**NEW\*\*Bashas'**: Camp Lowell & Swan, TUCSON

### Tuesday, July 7

**Bashas'**: Alma School & Riggs, SUN LAKES

### Wednesday, July 8

**NEW\*\*Bashas'**: Bell & Thompson Peak Pkwy, SCOTTSDALE

### Thursday, July 9

**Bashas'**: Warner & McClintock, TEMPE

**NEW\*\*Bashas'**: Waddell & Reems, SURPRISE

### Friday, July 10

**Bashas'**: Coffee Pot Dr & Yavapai Dr, SEDONA

**Bashas'**: Indian School & Hayden, SCOTTSDALE

### Saturday, July 11

**Bashas'**: Power Rd & McDowell, MESA



9am–12:30pm  
at these store locations:

**Monday, July 13**

**FOOD CITY:** Florence & 2nd St, CASA GRANDE

**Tuesday, July 14**

**Bashas':** Power & Chandler Heights, QUEEN CREEK

**NEW\*\*AJ's:** Central & Camelback, PHOENIX

**Wednesday, July 15**

**NEW\*\*Bashas':** Warner & 48th, PHOENIX

**Thursday, July 16**

**Bashas':** 99th Ave & Beardsley, PEORIA

**Friday, July 17**

**Bashas':** 32nd St & Shea Blvd, PHOENIX

**Saturday, July 18**

**AJ's:** 67th Ave & Beardsley, GLENDALE

**Monday, July 20**

**Bashas':** Brown & Mesa Dr, MESA

**Tuesday, July 21**

**Bashas':** 7th St & Missouri, PHOENIX

**Wednesday, July 22**

**Bashas':** Sunrise & Kolb Rd, TUCSON

**Thursday, July 23**

**Bashas':** RH Johnson & Meeker Blvd, SUN CITY WEST

**Friday, July 24**

**NEW\*\*Bashas':** McDonald & Granite Reef, SCOTTSDALE

**Saturday, July 25**

**AJ's:** Val Vista & Baseline Rd, MESA

**NEW\*\*Food City:** 1501 Arizona 89A, COTTONWOOD

**Monday, July 27**

**Bashas':** 7th St & Union Hills, PHOENIX

**Tuesday, July 28**

**FOOD CITY:** Arizona Ave & Ray Rd, CHANDLER

**Wednesday, July 29**

**FOOD CITY:** I-19 & Irvington, TUCSON

**Thursday, July 30**

**Bashas':** Ellsworth & Brown, MESA

**NEW\*\*Food City:** Bethany Home & 59th Ave, GLENDALE

**Friday, July 31**

**Bashas':** Alma School & Riggs, SUN LAKES

**NEW\*\*Bashas':** River & La Cholla, TUCSON

**Saturday, August 1**

**Bashas':** 2700 S Woodlands Village Blvd, FLAGSTAFF

**Monday, August 3**

**AJ's:** 56th St & Ray Rd, CHANDLER

**Tuesday, August 4**

**NEW\*\*AJ's:** Val Vista & Baseline, GILBERT

**Thursday, August 6**

**Bashas':** La Cholla & River Rd, TUCSON

**Friday, August 7**

**Bashas':** 7th St & Missouri, PHOENIX

**AJ's:** Lone Mountain & Scottsdale Rd, SCOTTSDALE

**Saturday, August 8**

**Bashas':** Coffee Pot Dr & Yavapai Dr, SEDONA

**Monday, August 10**

**Bashas':** RH Johnson & Meeker Blvd, SUN CITY WEST

**NEW\*\*Bashas':** 75th Ave & Thunderbird, PEORIA

**Tuesday, August 11**

**NEW\*\*Bashas':** 7th St & Union Hills Dr PHOENIX

**Wednesday, August 12**

**Bashas':** Higley & Elliot, GILBERT

**Friday, August 14**

**NEW\*\*Food City:** Grand Ave & W. Santa Fe Ln, EL MIRAGE

**NEW\*\*Bashas':** Power & McDowell, MESA

**Saturday, August 15**

**NEW\*\*Bashas':** 650 Finnie Flats Road, CAMP VERDE

**Monday, August 17**



9am–12:30pm  
at these store locations:

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**NEW\*\*Bashas:** Warner & McClintock, TEMPE

**Tuesday, August 18**

**NEW\*\*AJ's:** 67th Ave & Beardsley GLENDALE

**Wednesday, August 19**

**NEW\*\*Bashas:** 7th St & Missouri, PHOENIX

**Thursday, August 20**

**NEW\*\*Bashas:** RH Johnson & Meeker Blvd,  
SUN CITY WEST

**Friday, August 21**

**NEW\*\*AJ's:** Pima & Pinnacle Peak Rd, SCOTTSDALE

**NEW\*\*AJ's:** Val Vista & Baseline Rd, MESA

**Saturday, August 22**

**NEW\*\*Bashas:** Shea Blvd & 32nd St, PHOENIX

**Monday, August 24**

**NEW\*\*Bashas:** Higley & Elliot, GILBERT

**NEW\*\*AJ's:** Scottsdale & Lincoln, PARADISE VALLEY

**Friday, August 28**

**NEW\*\*Bashas:** Signal Butte & Apache Trail,  
APACHE JUNCTION

**NEW\*\*Bashas:** RH Johnson & Meeker Blvd, SUN CITY WEST

**Saturday, August 29**

**NEW\*\*Food City:** Florence & 2nd St, CASA GRANDE

**Healthwaves** 

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LAB 2020