



2020

FLU (Quadrivalent) \$45

Seasonal flu vaccine which protects against four flu strains (2A and 2B).

PNEUMONIA \$130

Helps protect long term, depending on risk, against 23 types of bacterial pneumonia, deadly blood infections, and meningitis.

Both vaccines are covered by:

- Medicare B
- BLUE CROSS BLUE SHIELD OF ARIZONA
Excluding Medicare supplement customers.
An Independent Licensee of the Blue Cross Blue Shield Association.

FREE Flu Shots (Quadrivalent) for State of AZ Employees!

Available for benefit eligible state employees. The Flu shots are also free for spouses, dependents (age 4+) and retirees with Benefit Options coverage. You must show proof of employment or a Benefit Options insurance card and must know your:
Employee Identification Number (EIN).

No appointment necessary.
Make sure shirt/dress sleeves can be rolled up to the shoulder.

- You should not receive either vaccine if you:
- Have ever had a serious allergic reaction to eggs or to either vaccine
 - Have a fever, acute respiratory or other active infection or illness
 - Have a history of Guillain-Barre Syndrome (a severe, paralytic illness)

NOTE: Immunizations for persons age 4 and over. Pricing, vaccine availability, and health insurance coverage subject to change.

9am–12:30pm at these store locations:

Thursday, December 10

Bashas': 20351 N Lake Pleasant Rd, PEORIA **LAB & FLU**
Bashas': Cortaro & Thornydale, TUCSON **LAB & FLU**

Friday, December 11

Bashas': 650 Finnie Flats Rd, CAMP VERDE **LAB & FLU**
Bashas': Dysart & Camelback, LITCHFIELD PARK **LAB & FLU**
Bashas': Alma School & Riggs, SUN LAKES **LAB & FLU**

Saturday, December 12

Food City: 51st Ave & McDowell Rd PHOENIX **LAB & FLU**
Food City: Kiowa Ave & Lake Havasu,
LAKE HAVASU CITY **LAB & FLU**

Monday, December 14

Bashas': Palisades & Saguaro, FOUNTAIN HILLS **LAB & FLU**
Bashas': 32nd St & Shea Blvd, PHOENIX **LAB & FLU**

Tuesday, December 15

Bashas': La Cholla & River Rd, TUCSON **LAB & FLU**
Bashas': Higley & Brown MESA **LAB & FLU**
AJ's: Pima & Pinnacle Peak, SCOTTSDALE **LAB & FLU**

Wednesday, December 16

Bashas': Elliot and Higley, GILBERT **LAB & FLU**
Bashas': 75th Ave & Thunderbird, PEORIA **LAB & FLU**
Food City: Campbell & Irvington, TUCSON **LAB & FLU**

Thursday, December 17

Food City: Bethany Home & 59th Ave, GLENDALE **LAB & FLU**

Friday, December 18

Food City: 8th Ave & Alma School, MESA **LAB & FLU**
Bashas': RH Johnson & Meeker Blvd,
SUN CITY WEST **LAB & FLU**

Saturday, December 19

Food City: Flowing Wells & Roger, TUCSON **LAB & FLU**
Bashas': Warner & McClintock, TEMPE **LAB & FLU**

Monday, December 21

Bashas': 7th St & Missouri, PHOENIX **LAB & FLU**

Tuesday, December 22

AJ's: 67th Ave & Beardsley GLENDALE **LAB & FLU**

Healthwaves

1615 W University Dr, Suite 137 > Tempe, AZ 85281

www.healthwaves.com | 480.968.1886

9am–12:30pm
at these store locations:

Saturday, December 26

AJ's: Scottsdale & Lincoln Rd, PARADISE VALLEY LAB & FLU

****New to the schedule****

Monday, December 28

Bashas': Shea & 32nd St, PHOENIX LAB & FLU

AJ's: Baseline & Val Vista, MESA LAB & FLU

Tuesday, December 29

Bashas': Camp Lowell & Swan, TUCSON LAB & FLU

Bashas': Power Rd & Chandler Heights

QUEEN CREEK LAB & FLU

Wednesday, December 30

Food City: 32nd St & Greenway, PHOENIX LAB & FLU