



Lab Screenings

SMAC-31 Super Panel \$35

8 hours fasting, water and medications only. Includes: Total Cholesterol, HDL, LDL, triglycerides, glucose, kidney and liver function, nutrition, iron, bone: calcium, electrolytes & more.

Prostate Specific Antigen (PSA) \$48

Recommended for men 40 and older.

C-Reactive Protein-High Sensitivity \$35

8 hours fasting (preferred). Helps predict heart attack risk.

Complete Blood Count (CBC) \$20

Tests for anemia & assesses different cells found in the blood.

Hemoglobin A1C \$25

No fasting necessary. This test is used for diabetic patients to monitor glucose control over the last few months.

Homocysteine \$55

Rheumatoid Arthritis Panel \$95

TSH Thyroid \$38 | T3U, T4 & T7 Thyroid \$28

Both Thyroid Panels \$58

Normally \$66, you save \$8.

Apolipoprotein A-1 & B \$68

An advanced & sensitive indicator of cardiovascular risk.

Colorectal Cancer Screening \$30

Take-home kit for screening fecal-occult blood. Kit must be returned in provided envelope to Healthwaves.

Vitamin D \$48

Fasting preferred, primarily recommended to check for Vitamin D deficiency which is common in children and adults.

Allergy

Basic Food Panel \$80

Tests 46 items (includes: milk, eggs, meats and grains).

Southwest Regional Inhalant Panel \$80

Tests 45 items (includes: grasses, dust, pollens and pet hair).

Comprehensive Food Panel \$150

Tests 90 items—all of basic panel plus many more food items.

Combo Prices:

Basic Food and Southwest Regional Inhalant Panels \$145

Comprehensive Food & SW Regional Inhalant Panels \$200



1615 W University Dr, Suite 137 > Tempe, AZ 85281

www.healthwaves.com

480.968.1886

2022

More Tests

Complete Lipid Panel \$25

Chol, HDL, VLDL, Trig, Chol/HDL Ratio

Cardio IQ \$ 85

8 hrs fasting (water & medications ok)
Lipoprotein Fractionation w/lipids. (Includes LDL Particle Number, Pattern, HDL Large, LDL Small, Medium, etc + complete lipid profile)

Testosterone Adult Males Total \$85

Hormone secreted by testicles in men, ovaries in women, and in small amounts by adrenal glands.

Testosterone Total & Free \$85

Recommended for men 40 and older.

Testosterone Total Women & Children \$85

This test is recommended for females, children less than 18 & hypogonadal males.

Free T3 \$48

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

Free T4 \$35

Thyroid hormone circulating not attached to a protein—more specific test than the panel.

Ferritin \$40

Major iron storing protein in the body.

PT/INR \$35

Clotting time of blood.

Vitamin B12 Test \$75

Found in meat, fish & dairy. Helps with fatigue, memory, prevent anemias, lowers homocysteine.

Folate (Folic Acid) \$55

8 hrs fasting preferred (water only). B vitamin important for cell growth, metabolism, neurogenic & cardiac health.



COVID-19 Antibody Blood Test \$95

An **IgG antibody test** (analyzed by Sonora Quest Lab) which provides insight into an individual's immune response to potential exposure to COVID-19.

Note: This is a test for healthy individuals and is not intended for diagnosis of active infection.

(Pursuant to recent health guidelines, please STAY at home and contact your physician if you have an elevated temperature greater than 100.3 degrees or have any other flu like symptoms)

9am–12:30pm
at these store locations:



Monday, March 7

Bashas': 5310 S Superstition Mountain Dr,
GOLD CANYON

Food City: Arizona Ave & Ray Rd, CHANDLER

Tuesday, March 8

Food City: Baseline & Central, PHOENIX

Bashas': Hayden & Indian School, SCOTTSDALE

Wednesday, March 9

Bashas': 36889 N Tom Darlington Dr, CAREFREE

Bashas': Brown & Higley, MESA

Thursday, March 10

AJ's: 67th Ave & Beardsley GLENDALE

Friday, March 11

Bashas': Palisades & Saguaro, FOUNTAIN HILLS

Bashas': Coffee Pot & Yavapai Dr, SEDONA

Saturday, March 12

Bashas': 99th Ave & Beardsley, PEORIA

Bashas': 7th St & Missouri, PHOENIX

Monday, March 14

Bashas': Warner & McClintock, TEMPE

Tuesday, March 15

Bashas': Shea Blvd & 32nd St, PHOENIX

AJ's: Val Vista & Baseline Rd, MESA

Wednesday, March 16

Bashas': Dysart & Camelback, LITCHFIELD PARK

AJ's: Pima & Pinnacle Peak, SCOTTSDALE

Thursday, March 17

Bashas': Sunrise & Kolb Rd, TUCSON

Bashas': 48th St & Warner, PHOENIX

Friday, March 18

Bashas': Chandler Heights & Power Rd, QUEEN CREEK

Saturday, March 19

Bashas': 650 Finnie Flats Rd, CAMP VERDE

AJ's: Camelback & Central PHOENIX

Monday, March 21

Bashas': RH Johnson & Meeker, SUN CITY WEST

Bashas': 7th St & Union Hills, PHOENIX

Tuesday, March 22

Bashas': Waddell Rd & Reems Rd, SURPRISE

Wednesday, March 23

Bashas': Verrado Way & Main St, BUCKEYE

Thursday, March 24

Bashas': 142 Hwy 260, PAYSON

Friday, March 25

Bashas': Riggs Rd & Alma School, SUN LAKES

Bashas': Higley & Elliot, GILBERT

Saturday, March 26

Bashas': Thornydale & Cortaro Farms Rd, TUCSON

Bashas': Bell Rd & Thompson Peak Pkwy,
SCOTTSDALE

Monday, March 28

Food City: Hwy 92 & Fry Blvd, SIERRA VISTA

Tuesday, March 29

Bashas': Maricopa & Smith Enke Rd, MARICOPA

Wednesday, March 30

Bashas': Granite Reef Rd & McDonald Dr, SCOTTSDALE

Bashas': Humphreys & Columbus, FLAGSTAFF

Thursday, March 31

Bashas': Crismon Rd & Baseline Rd, MESA

Friday, April 1

Bashas': RH Johnson & Meeker, SUN CITY WEST

9am–12:30pm
at these store locations:

Saturday, April 2

Food City: Dysart & Van Buren, AVONDALE

Bashas': 32nd St & Shea Blvd, PHOENIX

Monday, April 4

Bashas': Oracle & Golder Ranch Rd, TUCSON

Bashas': 75th Ave & Thunderbird, PEORIA

Tuesday, April 5

Bashas': Hayden & Indian School, SCOTTSDALE

Wednesday, April 6

Bashas': Warner & McClintock, TEMPE

Bashas': 99th Ave & Beardsley, PEORIA

Thursday, April 7

Bashas': Power Rd & McDowell, MESA

Friday, April 8

Bashas': 650 Finnie Flats Rd, CAMP VERDE

Bashas': 7th St & Missouri, PHOENIX

Saturday, April 9

AJ's: 67th Ave & Beardsley, GLENDALE

Bashas': McDonald & Granite Reef, SCOTTSDALE

Monday, April 11

Bashas': 36889 N Tom Darlington Dr, CAREFREE

AJ's: 56th St & Ray Rd, CHANDLER

Tuesday, April 12

Food City: 32nd St & Greenway, PHOENIX

Wednesday, April 13

AJ's: Val Vista & Baseline Rd, MESA

Thursday, April 14

Bashas': Dysart & Camelback, LITCHFIELD PARK

Bashas': Palisades & Saguaro, FOUNTAIN HILLS

Friday, April 15

Food City: 22nd st & Country Club Rd, TUCSON

AJ's: Camelback & 44th St, PHOENIX

Saturday, April 16

Food City: Mesa Dr & Brown, MESA

Bashas': Coffee Pot & Yavapai Dr, SEDONA

Monday, April 18

Bashas': Power & Chandler Heights, QUEEN CREEK

AJ's: Camelback & Central PHOENIX

Tuesday, April 19

Food City: Baseline & Hardy, TEMPE

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Wednesday, April 20

Bashas': Higley & Brown MESA

Bashas': Union Hills & 7th St, PHOENIX

Thursday, April 21

Bashas': La Cholla & River Rd, TUCSON

Bashas': Waddell Rd & Reems Rd, SURPRISE

Friday, April 22

Bashas': Warner & 48th St, PHOENIX

AJ's: Pima & Legacy, SCOTTSDALE

Saturday, April 23

Food City: 2nd St & Florence, CASA GRANDE

Monday, April 25

Bashas': Ellsworth & Brown, MESA

Tuesday, April 26

Bashas': 3269 Maricopa Ave, LAKE HAVASU CITY

Wednesday, April 27

Bashas': Elliot and Higley, GILBERT

Bashas': Shea Blvd & 32nd St, PHOENIX

Thursday, April 28

Food City: Baseline & Central, PHOENIX

Friday, April 29

AJ's: Scottsdale & Lincoln, SCOTTSDALE

9am–12:30pm
at these store locations:



Saturday, April 30

AJ's: Frank Lloyd Wright Blvd & Thompson Peak Pkwy, SCOTTSDALE

Food City: Scottsdale Rd & McKellips, TEMPE

Monday, May 2

Bashas': 48th St & Warner, PHOENIX

Tuesday, May 3

Bashas': Camp Lowell & Swan, TUCSON

Wednesday, May 4

Bashas': 99th Ave & Beardsley PEORIA

Bashas': Power & Chandler Heights, QUEEN CREEK

Thursday, May 5

Bashas': Hayden & Indian School, SCOTTSDALE

Bashas': Brown & Higley, MESA

Friday, May 6

Bashas': Bell & Thompson Peak Pkwy, SCOTTSDALE

Food City: Arizona Ave & Ray Rd, CHANDLER

Saturday, May 7

Bashas': 650 Finnie Flats Rd, CAMP VERDE

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Monday, May 9

Food City: Dysart & Van Buren, AVONDALE

Tuesday, May 10

Bashas': Crismon and Baseline, MESA

Bashas': 7th St & Union Hills Dr PHOENIX

Wednesday, May 11

Bashas': 75th Ave & Thunderbird, PEORIA

Bashas': Sunrise & Kolb, TUCSON

Thursday, May 12

AJ's: 67th Ave & Beardsley, GLENDALE

Bashas': Warner & McClintock, TEMPE

Friday, May 13

Bashas': Coffee Pot & Yavapai Dr, SEDONA

Saturday, May 14

Bashas': Higley & Elliot, GILBERT

Bashas': 7th St & Missouri, PHOENIX

Monday, May 16

Food City: Hwy 92 & Fry Blvd, SIERRA VISTA

Tuesday, May 17

Bashas': Ellsworth and Brown, MESA

AJ's: Camelback & Central, PHOENIX

Wednesday, May 18

Bashas': Superstition Mtn Dr & Superstition Fwy, GOLD CANYON

Food City: Hardy & Baseline, TEMPE

Thursday, May 19

AJ's: Scottsdale & Lincoln, SCOTTSDALE

Bashas': Palisades & Saguaro, FOUNTAIN HILLS

Friday, May 20

Bashas': Gilbert Rd & Chandler Heights Rd, CHANDLER

Saturday, May 21

Bashas': 2700 S Woodlands Village Blvd, FLAGSTAFF

Bashas': Verrado Way & Main St, BUCKEYE

Monday, May 23

Bashas': Dysart & Camelback, LITCHFIELD PARK

Bashas': Shea Blvd & 32nd St, PHOENIX

Tuesday, May 24

AJ's: Skyline & Campbell, TUCSON

Wednesday, May 25

AJ's: Val Vista & Baseline Rd, MESA

9am–12:30pm
at these store locations:



Thursday, May 26

Bashas': Maricopa & Smith Enke Rd, MARICOPA

Friday, May 27

Bashas': Waddell Rd & Reems Rd, SURPRISE

Bashas': 36889 N Tom Darlington Dr, CAREFREE

Saturday, May 28

Food City: 1501 Arizona 89A, COTTONWOOD

Bashas': Power Rd & McDowell, MESA

Monday, May 30

Food City: Dorsey Ln & Apache Blvd, TEMPE

Tuesday, May 31

Bashas': Granite Reef Rd & McDonald Dr, SCOTTSDALE

Wednesday, June 1

Food City: Dysart & Van Buren, AVONDALE

AJ's: 56th St & Ray Rd, CHANDLER

Thursday, June 2

Bashas': Higley & Brown MESA

Bashas': Union Hills & 7th St, PHOENIX

Friday, June 3

Bashas': Hayden & Indian School, SCOTTSDALE

AJ's: Skyline & Campbell, TUCSON

Saturday, June 4

Bashas': 99th Ave & Beardsley PEORIA

Bashas': 7th St & Missouri, PHOENIX

Monday, June 6

AJ's: Central & Camelback, PHOENIX

Tuesday, June 7

Bashas': Ellsworth & Brown, MESA

AJ's: Frank Lloyd Wright & Thompson Peak Parkway,
SCOTTSDALE

Wednesday, June 8

Bashas': Thunderbird & 75th Ave, PEORIA

Bashas': Warner & 48th St, PHOENIX

Thursday, June 9

Bashas': Chandler Heights & Gilbert Rd, CHANDLER

Friday, June 10

AJ's: 67th Ave & Beardsley, GLENDALE

Bashas': Thornydale and Cortaro Farms Rd, TUCSON

Saturday, June 11

Bashas': Power & McDowell MESA

Bashas': Coffee Pot Dr & Yavapai, SEDONA

Monday, June 13

Bashas': Reems & Waddell, SURPRISE

AJ's: Pima & Pinnacle Peak Rd, SCOTTSDALE

Tuesday, June 14

Bashas': 650 Finnie Flats Rd, CAMP VERDE

Wednesday, June 15

Bashas': Dysart & Camelback, LITCHFIELD PARK

Bashas': Warner & McClintock, TEMPE

Thursday, June 16

Bashas': 142 Hwy 260, PAYSON

Friday, June 17

Food City: Mesa Dr & Brown, MESA

Food City: 32nd St & Greenway, PHOENIX

Saturday, June 18

Bashas': Palisades & Saguaro, FOUNTAIN HILLS

Bashas': Alma School & Riggs, SUN LAKES

Monday, June 20

Bashas': McDonald & Granite Reef, SCOTTSDALE

9am–12:30pm
at these store locations:



Tuesday, June 21

AJ's: Val Vista & Baseline Rd, MESA

Wednesday, June 22

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Thursday, June 23

Bashas': Higley & Elliot, GILBERT

Bashas': Oracle & Golder Ranch, TUCSON

Friday, June 24

Bashas': Missouri & 7th St, PHOENIX

Saturday, June 25

Food City: Hwy 92 & Fry Blvd, SIERRA VISTA

AJ's: Lone Mountain & Scottsdale Rd, SCOTTSDALE

Monday, June 27

Bashas': 3269 Maricopa Ave, LAKE HAVASU CITY

Bashas': Baseline & Crismon, MESA

Tuesday, June 28

Food City: Scottsdale Rd & McKellips, TEMPE

Wednesday, June 29

Bashas': Shea Blvd & 32nd St, PHOENIX

Thursday, June 30

AJ's: 44th St & Camelback, PHOENIX

Bashas': Power & Chandler Heights, QUEEN CREEK

Friday, July 1

Food City: Arizona Ave & Ray Rd, CHANDLER

Bashas': La Cholla & River Rd, TUCSON

Saturday, July 2

Bashas': Hayden & Indian School, SCOTTSDALE

Bashas': 7th St & Missouri, PHOENIX

Tuesday, July 5

Bashas': Dysart & Camelback, LITCHFIELD PARK

AJ's: Scottsdale & Lincoln, SCOTTSDALE

Wednesday, July 6

Bashas': 7th St & Union Hills, PHOENIX

Thursday, July 7

AJ's: 67th Ave & Beardsley GLENDALE

Friday, July 8

Bashas': Waddell Rd & Reems Rd, SURPRISE

Bashas': Bell Rd & Thompson Peak Pkwy,
SCOTTSDALE

Saturday, July 9

Bashas': 650 Finnie Flats Rd, CAMP VERDE

AJ's: 56th St & Ray Rd, CHANDLER

Monday, July 11

Bashas': Sunrise & Kolb, TUCSON

Bashas': Power & McDowell MESA

Tuesday, July 12

Bashas': Alma School & Riggs, SUN LAKES

Wednesday, July 13

Bashas': 75th Ave & Thunderbird PEORIA

Bashas': Palisades & Saguaro, FOUNTAIN HILLS

Thursday, July 14

Food City: Baseline & Central, PHOENIX

Bashas': Warner & McClintock, TEMPE

Friday, July 15

Bashas': Coffee Pot & Yavapai Dr, SEDONA

AJ's: Pima & Legacy, SCOTTSDALE

Saturday, July 16

Bashas': 99th Ave & Beardsley, PEORIA

Bashas': 5310 S Superstition Mountain Dr,
GOLD CANYON

9am–12:30pm
at these store locations:



Monday, July 18

Bashas': Chandler Heights & Power Rd, QUEEN CREEK

Bashas': 36889 N Tom Darlington Dr, CAREFREE

Tuesday, July 19

Bashas': Ellsworth & Brown, MESA

Wednesday, July 20

Food City: 32nd St & Greenway, PHOENIX

Food City: Campbell & Irvington Rd, TUCSON

Thursday, July 21

Bashas': Verrado Way & Main St, BUCKEYE

Friday, July 22

Bashas': Humphreys & Columbus, FLAGSTAFF

Bashas': 32nd St & Shea Blvd, PHOENIX

Saturday, July 23

AJ's: Val Vista and Baseline, MESA

AJ's: 44th St & Camelback, PHOENIX

Monday, July 25

Bashas': Higley & Elliot, GILBERT

Tuesday, July 26

Food City: Florence St & 2nd St, CASA GRANDE

Wednesday, July 27

Food City: Dorsey Ln & Apache Blvd, TEMPE

Thursday, July 28

Bashas': Granite Reef Rd & McDonald Dr, SCOTTSDALE

Bashas': RH Johnson & Meeker Blvd, SUN CITY WEST

Friday, July 29

Bashas': Camp Lowell & Swan, TUCSON

Saturday, July 30

Bashas': Maricopa & Smith Enke, MARICOPA

Bashas': Baseline & Crismon, MESA